

KaitlinsWish



Kaitlin's Promise

At Kaitlinswish, we understand that life can sometimes be frightening and unpredictable. The time with doctors and other professionals can be one of those times. To help with this, we ask that everyone reading this make a personal Promise to help guide one at this time. This Promise is personal, there will be no one staring over a shoulder but with each person that makes this private word of honor, there will be more and more shoulders to lean on for support. This Promise is to remind all of the personal commitment to one's health care. It is not legally binding or should be considered as such.

As a patient:

- ~ I will make sure to ask my doctor at least two relevant questions during any visit.
- ~ I will know what to expect before my next visit, both what is a good sign and what is a bad sign.
- ~ I will not dismiss any advice or instructions given outright, nor will I accept any advice or instructions outright.

Questions and satisfaction are a right, not a luxury.

- ~ I will make sure that if I do not understand anything, I will explain my confusion and ask for a better description.
- ~ I will understand that there are risks and benefits in everything.

To all:

- ~ As a doctor or medical professional, I will strive to understand all the symptoms whether real or vague to formulate a complete diagnosis.
- ~ As a loved one, I will give support to those around me, and understand that my feelings and symptoms are not the same as others and that my experiences are the same as others.
- ~ As a loved one, I know that I do not know all the answers but will listen and value all the concerns that I am asked about.
- ~ Lastly, I will always remember that pregnancy and childbirth is a miracle, that we are all human, and we need to give love as much as we get it back.